

PASTORAL CARE MESSENGER

Christ Church Cathedral Ottawa, March 2025



The Quiet Path

In the stillness, hearts seek light,
Paths of solitude, through Lent's night,
Whispering prayers, out of sight,
In quiet, souls take flight.

Candles flicker in the dark,
Guiding the inner, spiritual arc,
Each flame, a hopeful spark,
In Lent, begins the hallowed mark.

In silent moments, truths we find,
In every prayer, peace entwined,
In Lent's embrace, spirits refined,
In quietude, with God aligned.

by Maya Anthony

O gracious Light, Lord Jesus Christ, in you the Father's glory shone.
Immortal, holy, blest is he, and blest are you, his only Son.

Common Praise # 14



Holy God, may your light guide my days, and your spirit
bring me peace. Amen.

*If you need to speak with one of the clergy, please don't hesitate to contact
Canon Doug Richards at 613-236-9149 ext. 19.*