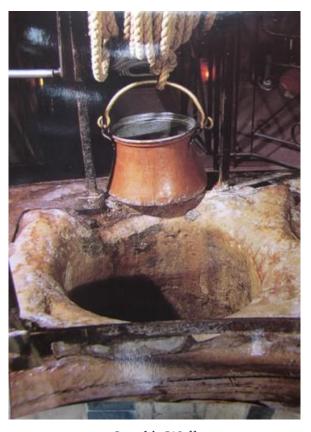
PASTORAL CARE MESSENGER

Christ Church Cathedral Ottawa, March 2023



Jacob's Well

The Living Water

"In needing something from the Samaritan woman – a drink of water – Jesus invites her into his vulnerability....

"May we truly meet Jesus in and appreciate the simple beauty of those moments of connection. May we feel awe for God's power carving out unseen channels below the surface of our lives. May we live into the possibility of living waters that flow through us. May we leave behind those routines that keep us from being our true selves, creating new conversations as we go."

From Dean Beth Bretzlaff's sermon on John 4:5-42, Sunday March 12, 2023

May Jesus, the Living Water, fill your cup to overflowing with healing and love as you continue your journey through Lent.

Blessings, Canon Doug



Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen