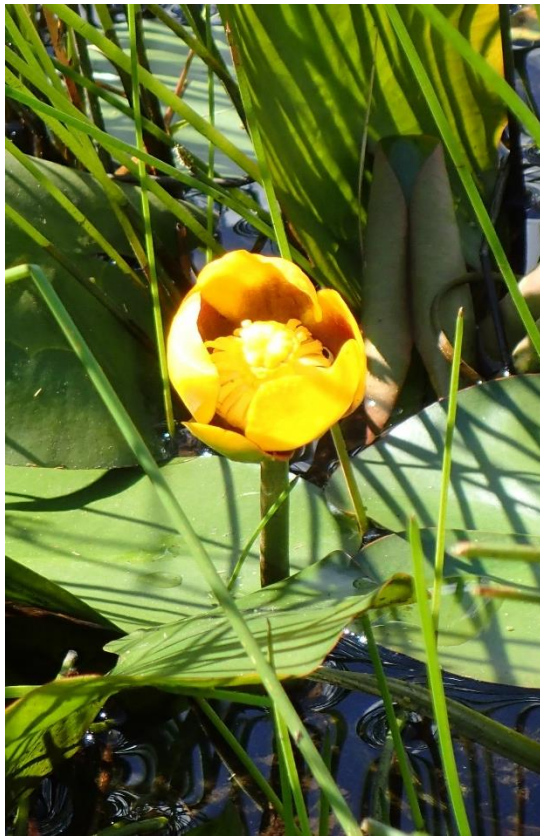


PASTORAL CARE MESSENGER

Christ Church Cathedral Ottawa, June 2024



Still Waters

When you dig beneath the surface of people
It seems
Each individual has a little bit to offer
A spring of self to be tapped
On his or her own limited terms.

...

But only one or two
If you're lucky
Will open the deepest channels of
Themselves

...

Serene in the wave and drift
...of time.

*From the poem "Still Waters"
by Laurence Overmire*

In the 23rd psalm there's a line which reads "You lead me beside still waters." As I look at the picture of the water lily above, I'm reminded of times spent canoeing on still water surrounded with such beauty — calm. Peaceful, serene. Another well known phrase reads "Still waters run deep." Taken together, these phrases speak of the great depth of God's love for each of us.

Canon Rob



Holy God, when we are weary or discouraged or feeling alone, help us to remember the depth and beauty of your love for us. May this knowledge still our troubled hearts and bring us peace of mind and grace for living. We ask this in the name of your redeeming son and empowering Spirit. Amen.

*If you need to speak with one of the clergy, please don't hesitate to contact
Dean Beth Bretzlaff 613-236-9149 ext. 16.*